

Classes and Events - McLaren Health Care

At McLaren Health Care, we understand that your health is your main priority. That's why we offer classes and events that make keeping your health in check simple. We back you up in your life journey to keep your mind and body the healthiest it can be. Our classes, screenings, and educational seminars are all designed with you, the patient, in mind.

Results 1 - 10 of 24
[123](#)

Wigs Are Available for Cancer Patients

Category: Class, Program or Seminar

Date:

Ongoing

Contact: The American Cancer Society toll free at 1-877-268-7177 for information about free wigs.

Adult Grief Support Group

Location:

Woodland Hospice

2597 S. Meridian Rd.

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, January 03, 2017

Time: 5:30 PM

Contact: Woodland Hospice (989) 773-6137

Compassionate Friends (grief support after death of a child)

Location:

St. John's Episcopal Church

206 W. Maple St.

Mt. Pleasant, MI 48858

Category: Support Group

Date:

Tuesday, January 03, 2017

Time: 7:00 - 9:00 PM

Contact: Donna Mayes (989) 330-2255



Bipolar Support Group

Location:

McLaren Central Michigan

LAJ Conference Room

1221 South Drive

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Wednesday, January 04, 2017

Time: 5:30 PM

Contact: Marsha MacNiell (989) 772-6263



"Thursday Conexions" (Caregivers Support Group)

Location:

Isabella County Commission on Aging

2200 S. Lincoln Rd.

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Thursday, January 05, 2017

Time: 12:30 PM

Contact: Ann Kowaleski (989) 772-0748




Stroke Support Group

Location:

McLaren Central Michigan


FDJ Conference Room

1221 South Drive
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Support Group
Date:
Thursday, January 05, 2017
Time: 6:00 - 7:30 PM
Contact: Laurie Bahlke (989) 774-7289




Women Battling Cancer Can...Look Good, Feel Better

Location:
Karmanos Cancer Institute
at McLaren Central Michigan
Morey Cancer Center
1221 South Drive
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar
Date:
Monday, January 09, 2017
Time: 9:30 - 11:30 AM
Contact: Register with the American Cancer Society at 1-800-227-2345.



Prepared Childbirth - January

Location:
Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858
Category: Childbirth Education, Class, Program or Seminar
Date:
Monday, January 09, 2017
Time: 6:00 - 9:00 PM
Contact: Health Promotions at (989) 779-5606 if you have any questions.



Huntington's Disease Support Group

Location:

Coldwell Banker-Mt. Pleasant Realty
304 E. Broadway
Mt. Pleasant, MI 48858


Category: Class, Program or Seminar, Support Group

Date:

Tuesday, January 10, 2017

Time: 7:00 PM

Contact: Ann Voss (989) 561-5023 or Gaylen Voss (989) 245-5725



Breastfeeding Basics

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date:

Wednesday, January 11, 2017

Time: 6:00 - 8:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.

Caregivers Support Group

Location:

Isabella County Commission on Aging
2200 S. Lincoln Rd.
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Tuesday, January 17, 2017

Time: 6:30 PM

Contact: Ann Kowaleski (989) 772-0748



Baby Basics

Location:

McLaren Central Michigan

1221 South Drive

Mt. Pleasant, MI 48858

FDJ Conference Room


Category: Childbirth Education, Class, Program or Seminar

Date:

Wednesday, January 18, 2017

Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.



Joint Replacement Seminar

Location:

McLaren Wellness Central

2600 Three Leaves Dr.

Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Thursday, January 19, 2017

Time: 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.



Multiple Sclerosis Support Group

Location:

Immanuel Lutheran Church

320 S. Bradley

Mt. Pleasant, MI 48858

Category: Support Group

Date:

Saturday, January 21, 2017

Time: 10:30 AM - 12:00 PM

Contact: Cathy Zuker (989) 866-2682



Nancy Carey Support Group (for women who have or have had cancer)

Location:

Canterbury East Apartments
Office/Community Room
1517 Canterbury Trail
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date:

Wednesday, January 25, 2017

Time: 7:00 PM

Contact: Gisela Moffitt (989) 772-1602



Joint Replacement Seminar

Location:

McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date:

Thursday, February 02, 2017

Time: 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.



Prepared Childbirth - February

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date:

Monday, February 06, 2017

Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.



Symptoms & Treatment of Progressive Vision Loss

Location:

McLaren Central Michigan
FDJ Conference Room
1221 South Dr.

Mt. Pleasant, MI 48858


Category: Class, Program or Seminar

Date:

Tuesday, February 07, 2017

Time: 1:00 - 2:00 pm

Contact: Call (989) 779-5606 to register.



Breastfeeding Basics

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858


Category: Childbirth Education, Class, Program or Seminar

Date:

Wednesday, February 08, 2017

Time: 6:00 - 8:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.



Prepared Childbirth - March

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date:

Monday, March 06, 2017

Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.

Breastfeeding Basics

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858


Category: Childbirth Education, Class, Program or Seminar

Date:

Wednesday, March 08, 2017

Time: 6:00 - 8:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.



Women Battling Cancer Can...Look Good, Feel Better

Location:

Karmanos Cancer Institute
at McLaren Central Michigan
Morey Cancer Center
1221 South Drive
Mt. Pleasant, MI 48858


Category: Class, Program or Seminar

Date:

Monday, March 13, 2017

Time: 9:30 - 11:30 AM

Contact: Register with the American Cancer Society at 1-800-227-2345.



Free Foot Screening

Location:

Office of Mark Young, DPM
405 S. Mission, Suite 2
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Screening

Date:

Tuesday, March 14, 2017

Time: 9:00 AM - 4:00 PM**Contact:** Call (989) 779-5606 to schedule your appointment.

Baby Basics

Location:

McLaren Central Michigan

1221 South Drive

Mt. Pleasant, MI 48858

FDJ Conference Room

Category: Childbirth Education, Class, Program or Seminar**Date:**

Wednesday, March 15, 2017

Time: 6:00 - 9:00 PM**Contact:** Health Promotions at (989) 779-5606 if you have any questions.